

Values

Defining your core values can help make those tough decisions in life, no matter how big or small. It can also provide clarity on your goals and intentions.

Choose up to six values from the list below that best resonate with you, then highlight them in the boxes below (try not to exceed six so you can focus on what truly matters).

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|---------------|----------------|-------------|
| Love | Courage | Humility |
| Kindness | Beauty | Expression |
| Fun | Simplicity | Persistence |
| Playfulness | Achievement | Generosity |
| Integrity | Learning | Lightness |
| Purpose | Discipline | Honesty |
| Ambition | Vision | Compassion |
| Individuality | Respectfulness | Service |
| Enjoyment | Flexibility | Creativity |
| Community | Equality | Optimism |